

PORTSMOUTH JOGGERS
MEON VALLEY PLOD 2008
Sunday 17 February 2008. 10:15 am
Results for All Competitors in finish order updated 25/02/08

Place	Time	Name	Team	Cat	Pace
1	2:23:04	BAKER, Nick	Denmead Striders	VETERAN MEN	07:20.1
2	2:28:30	ALLEN, Tony	Stubbington Green Runners and AC	VETERAN MEN	07:36.8
3	2:30:07	WOOD, Dan		SENIOR MEN	07:41.8
4	2:30:40	ROBBINS, Andrew	Serpentine Running Club	SENIOR MEN	07:43.4
5	2:34:44	MANNING, Julian	Denmead Striders	SENIOR MEN	07:56.0
6	2:35:22	DEACON, Greg	Basildon AC	SENIOR MEN	07:57.9
7	2:35:37	MANN, Julian	Winchester and District AC	SENIOR MEN	07:58.7
8	2:37:34	BUNGAY, Graham	Southampton Running Club	VETERAN MEN	08:04.7
9	2:38:49	JEFFERY, Steve	Victory AC	SENIOR MEN	08:08.5
10	2:39:26	GRICE, Zippy	Stubbington Green Runners and AC	VETERAN MEN	08:10.4
11	2:39:34	ROWDEN, Kristian	Ryde Harriers	SENIOR MEN	08:10.8
12	2:39:57	HARPER, Theo	Alton Runners	SENIOR MEN	08:12.0
13	2:40:35	GOWEN, Richard	Alton Runners	SENIOR MEN	08:14.0
14	2:40:41	SIDAWAY, Paul	Eastleigh RC	VETERAN MEN	08:14.3
15	2:40:45	WELLARD, Scott	Alton Runners	SENIOR MEN	08:14.5
16	2:40:55	HALL, Chris	Stubbington Green Runners and AC	VETERAN MEN	08:15.0
17	2:41:53	PENNICOTT, James	Chichester Runners & AC	SENIOR MEN	08:18.0
18	2:42:02	MILES, Noel	East Grinstead Tri Club	SENIOR MEN	08:18.4
19	2:42:12	CHEESMAN, James	Portsmouth Joggers Club	SENIOR MEN	08:18.9
20	2:42:53	WOOLGAR, Gary	Brighton & Hove City AC	VETERAN MEN	08:21.0
21	2:43:43	BOSWELL, Stuart	Sandhurst Joggers	VETERAN MEN	08:23.6
22	2:45:01	LAUGHNANE, Simon	Castlewood Plodders	SENIOR MEN	08:27.6
23	2:45:36	LARKAM, David	West Four Harriers	VETERAN MEN	08:29.4
24	2:45:41	DAVIES, Keith	Havant AC	VETERAN MEN	08:29.6
25	2:46:08	PRICHARD, Gavin		SENIOR MEN	08:31.0
26	2:46:15	BRALEY, Mark	Serpentine Running Club	SENIOR MEN	08:31.4
27	2:48:19	BROOKS, Lucy	Serpentine Running Club	VETERAN LADIES	08:37.7
28	2:48:19	HILTON, Steve	Serpentine Running Club	SENIOR MEN	08:37.7
29	2:49:10	HAMILTON, Mark	Clanfield joggers	SENIOR MEN	08:40.4
30	2:49:41	CONWAY, Tony	Portsmouth Joggers Club	VETERAN MEN	08:41.9
31	2:50:33	MILES, Laurence	Maidenhead AC	SENIOR MEN	08:44.6
32	2:50:38	COX, Andrew	White Horse Harriers	VETERAN MEN	08:44.9
33	2:51:41	LYONS, Leslie	Bracknell Forest Runners	SENIOR MEN	08:48.1
34	2:52:41	BAGULEY, Paul	Lordshill Road Runners	VETERAN MEN	08:51.2
35	2:53:03	PYKE, Mark		SENIOR MEN	08:52.3
36	2:53:39	JEFFERY, David	Victory AC	VETERAN MEN	08:54.2
37	2:54:00	CASBURN, Nick	Chichester Runners & AC	SENIOR MEN	08:55.2
38	2:54:32	ELLWOOD, John	Sandhurst Joggers	VETERAN MEN	08:56.9
39	2:54:59	SAUPE, Bernard		SENIOR MEN	08:58.3
40	2:55:00	SINCLAIR, Terry	Southampton Running Club	VETERAN MEN	08:58.3
41	2:55:16	HETHERSHAW, Steve		VETERAN MEN	08:59.1
42	2:55:17	WEAVER, Scot	Bracknell Forest Runners	VETERAN MEN	08:59.2
43	2:55:22	BUCKINGHAM, Heather	Southampton Running Club	SENIOR LADIES	08:59.4
44	2:56:20	STANTON, Ross		SENIOR MEN	09:02.4
45	2:58:15	CONRADSON, David	Southampton Running Club	SENIOR MEN	09:08.3
46	2:58:33	MCCABE, Michael	New Forest Runners	VETERAN MEN	09:09.2
47	2:58:35	BELL, Graham	London Heathside Runners AC	VETERAN MEN	09:09.3
48	2:58:41	COURT, Alan	Eastleigh RC	VETERAN MEN	09:09.6
49	2:58:50	GRIGG, Jonathan		SENIOR MEN	09:10.1
50	2:58:52	WALKER, Mark	Basingstoke & Mid Hants	SENIOR MEN	09:10.2
51	2:59:14	GRIGOLEIT, Peter	Basingstoke & Mid Hants	VETERAN MEN	09:11.3
52	3:00:19	SMITH, Philip	City of Salisbury	VETERAN MEN	09:14.7
53	3:01:16	ALI, Erol	Sandhurst Joggers	VETERAN MEN	09:17.6
54	3:01:23	WESTAWAY, Robert	Serpentine Running Club	SENIOR MEN	09:17.9
55	3:01:47	RHYS, Darryl		VETERAN MEN	09:19.2
56	3:02:10	ROYLE, Kevin	Eastleigh RC	VETERAN MEN	09:20.4
57	3:03:27	DUNBAR, Ross	Farnham Triathlon Club	VETERAN MEN	09:24.3
58	3:03:32	ISAAC, Billy	Southampton Running Club	SENIOR MEN	09:24.6

59	3:03:37	ROBERTS, Janine	Hart Road Runners	VETERAN LADIES	09:24.8
60	3:03:38	SIMPSON, David	Serpentine Running Club	VETERAN MEN	09:24.9
61	3:04:07	DAVIES, Martin	Eastleigh RC	VETERAN MEN	09:26.4
62	3:04:23	KEW, Jon	Maidenhead AC	SENIOR MEN	09:27.2
63	3:04:33	WHITE, Martin	Winchester and District AC	VETERAN MEN	09:27.7
64	3:04:38	BACON, Martin	Portsmouth Joggers Club	VETERAN MEN	09:27.9
65	3:04:38	BESTLEY, Russ	Portsmouth Joggers Club	VETERAN MEN	09:27.9
66	3:04:38	CLARK, Howard	Portsmouth Joggers Club	SENIOR MEN	09:27.9
67	3:04:54	GOODWIN, Steve	Winchester and District AC	VETERAN MEN	09:28.8
68	3:05:11	CRAWFORD, Damian		SENIOR MEN	09:29.6
69	3:05:26	HALL, Andrew	Portsmouth Joggers Club	VETERAN MEN	09:30.4
70	3:05:56	OLSEN, Lars	Serpentine Running Club	VETERAN MEN	09:31.9
71	3:06:28	FIELDHOUSE, David		SENIOR MEN	09:33.6
72	3:06:33	PHILPOTT, Chris		SENIOR MEN	09:33.8
73	3:06:52	WHEELHOUSE, Ed	Clanfield joggers	SENIOR MEN	09:34.8
74	3:07:03	JENKINS, Christopher	Portsmouth Joggers Club	SENIOR MEN	09:35.4
75	3:07:06	BEAN, James		SENIOR MEN	09:35.5
76	3:07:20	NEWMAN, Dick	Sandhurst Joggers	VETERAN MEN	09:36.2
77	3:07:41	ROBERTS, John	Bracknell Forest Runners	VETERAN MEN	09:37.3
78	3:07:44	GUNNER, Ray	Stubbington Green Runners and AC	VETERAN MEN	09:37.5
79	3:07:46	HORTON, John	Hardley Runners	VETERAN MEN	09:37.6
80	3:07:50	RHODES, Debbie	Alton Runners	VETERAN LADIES	09:37.8
81	3:07:57	HARRISON, James	Tone Zone Runners	VETERAN MEN	09:38.1
82	3:08:19	PARRETT, Graham	Portsmouth Triathletes	VETERAN MEN	09:39.3
83	3:08:21	CLOW, Jim	Victory AC	VETERAN MEN	09:39.4
84	3:08:26	FIFIELD, Jo	Stroud & District AC	SENIOR LADIES	09:39.6
85	3:08:50	MCGREAL, Kevin	Chichester Runners & AC	VETERAN MEN	09:40.9
86	3:09:14	SPECK, Adam		SENIOR MEN	09:42.1
87	3:09:26	HOY, Phil	Portsmouth Joggers Club	VETERAN MEN	09:42.7
88	3:09:47	YOUNG, Peter	Ryde Harriers	VETERAN MEN	09:43.8
89	3:10:09	POWLES, Derek	Portsmouth Joggers Club	SENIOR MEN	09:44.9
90	3:10:13	RENNIE, Gavin	Reading Road Runners	VETERAN MEN	09:45.1
91	3:10:26	GOULD, Martin	Blackwater Valley Runners	SENIOR MEN	09:45.8
92	3:10:38	GRAY, Dougie	Portsmouth Joggers Club	VETERAN MEN	09:46.4
93	3:11:49	NASH, Paul	Denmead Striders	SENIOR MEN	09:50.0
94	3:12:20	TANNER, Michael		SENIOR MEN	09:51.6
95	3:12:32	WILLIAMS, Joanna	Bracknell Forest Runners	SENIOR LADIES	09:52.2
96	3:13:11	PARKINSON, Robert	Southampton Running Club	VETERAN MEN	09:54.2
97	3:13:15	WHITTAKER, Rachel	Serpentine Running Club	SENIOR LADIES	09:54.4
98	3:13:51	SILERTHORN, Kevin	Portsmouth Triathletes	VETERAN MEN	09:56.3
99	3:14:27	PENNICOTT, Derek	Chichester Runners & AC	VETERAN MEN	09:58.1
100	3:14:34	DOBSON, Mike	Portsmouth Joggers Club	VETERAN MEN	09:58.5
101	3:15:01	HAYWARD, Gavin		VETERAN MEN	09:59.9
102	3:15:03	WOOD, J		SENIOR MEN	10:00.0
103	3:15:19	ROOKE, Zoe	Portsmouth Joggers Club	SENIOR LADIES	10:00.8
104	3:15:47	WILLIS, Gary	Portsmouth Joggers Club	VETERAN MEN	10:02.2
105	3:16:00	JAMES, Graham	Stubbington Green Runners and AC	VETERAN MEN	10:02.9
106	3:16:15	STANIFORTH, Michael	Portsmouth Joggers Club	VETERAN MEN	10:03.7
107	3:16:45	HOBBS, Mike	Gillingham Trotters	VETERAN MEN	10:05.2
108	3:17:15	BOWEN, Andy	West Four Harriers	VETERAN MEN	10:06.8
109	3:17:22	HUNT, Chris	Datchet Dashers	VETERAN MEN	10:07.1
110	3:17:34	WOODUS, Stephen	Alchester RC	SENIOR MEN	10:07.7
111	3:17:40	HAYFIELD, Matthew		SENIOR MEN	10:08.0
112	3:17:49	HARLEY, Colin	Chichester Runners & AC	VETERAN MEN	10:08.5
113	3:17:58	ADAMS, Polly	Royal Manor of Portland AC	VETERAN LADIES	10:09.0
114	3:18:14	GUERAN, John	Stubbington Green Runners and AC	VETERAN MEN	10:09.8
115	3:18:40	HOOPER, Ron		VETERAN MEN	10:11.1
116	3:18:45	HALLETT, Debbie	Southampton Running Club	VETERAN LADIES	10:11.4
117	3:18:46	O'SHEA, John	Southampton Running Club	VETERAN MEN	10:11.4
118	3:19:27	GARDER, Colin	Gosport Road Runners	SENIOR MEN	10:13.5
119	3:19:42	WHITE, Steve	Saffron Striders	VETERAN MEN	10:14.3
120	3:19:51	RYAN, Tamatha	Romsey Road Runners	VETERAN LADIES	10:14.8
121	3:20:00	EXLEY, John	Stubbington Green Runners and AC	VETERAN MEN	10:15.2
122	3:20:06	HOLMES, Ian	Gillingham Trotters	SENIOR MEN	10:15.5
123	3:20:12	FINCH, Linda	Islywn Running Club	VETERAN LADIES	10:15.8

124	3:20:36	WHITMARSH, Jim	Eastleigh RC	VETERAN MEN	10:17.1
125	3:20:57	KINGHAM, Jennifer		VETERAN LADIES	10:18.1
126	3:20:59	CHANDLER, Karl	Farnham Triathlon Club	SENIOR MEN	10:18.2
127	3:21:06	LEATHEREN, Michael	Lordshill Road Runners	VETERAN MEN	10:18.6
128	3:21:15	KIMBER, Nick	Stubbington Green Runners and AC	VETERAN MEN	10:19.1
129	3:21:58	ARNOLD, Dave	Vegan Runners UK	VETERAN MEN	10:21.3
130	3:22:28	CURTIS, Joanna	Alton Runners	VETERAN LADIES	10:22.8
131	3:22:28	PROTHERO, Bob	Staines Strollers	VETERAN MEN	10:22.8
132	3:22:42	GATES, Andrew	Totton Running Club	VETERAN MEN	10:23.5
133	3:22:53	HARRIS, Jarrick	Alton Runners	SENIOR MEN	10:24.1
134	3:22:56	CHAMBERLIN, Graeme		SENIOR MEN	10:24.2
135	3:23:00	MORLEY, David		SENIOR MEN	10:24.4
136	3:23:17	COFFIN, Paul		VETERAN MEN	10:25.3
137	3:23:28	WELLS, Ian	Southampton Triathlon Club	VETERAN MEN	10:25.9
138	3:23:35	HEWITT, Simon	Marlborough RC	VETERAN MEN	10:26.2
139	3:23:35	HOLLIS, Keith	Southampton Running Club	SENIOR MEN	10:26.2
140	3:23:54	CLAYTON, Lucy	Epsom Allsorts	SENIOR LADIES	10:27.2
141	3:24:00	ROSS, David	Maidenhead AC	SENIOR MEN	10:27.5
142	3:24:06	DIAPER, Sally	Southampton Running Club	VETERAN LADIES	10:27.8
143	3:24:08	PELLEY, Mark	Denmead Striders	VETERAN MEN	10:27.9
144	3:24:37	GOULD, David	Hardley Runners	VETERAN MEN	10:29.4
145	3:24:40	PARR, Alan	Portsmouth Triathletes	VETERAN MEN	10:29.6
146	3:24:50	RUMARY, Brian	Eastleigh RC	VETERAN MEN	10:30.1
147	3:25:18	JWETT, Melanie	Eastleigh RC	VETERAN LADIES	10:31.5
148	3:25:39	CAPENER, Rebecca	Marlborough RC	SENIOR LADIES	10:32.6
149	3:26:13	COLLESPIE, Andrew	City of Salisbury	VETERAN MEN	10:34.3
150	3:26:34	BENT, Alan	Bracknell Forest Runners	VETERAN MEN	10:35.4
151	3:26:38	BRESSINGTON, Darrell	Maidenhead AC	VETERAN MEN	10:35.6
152	3:26:38	KILLEN, Gerald	Maidenhead AC	VETERAN MEN	10:35.6
153	3:26:52	WORLD, Paul	Portsmouth Joggers Club	VETERAN MEN	10:36.3
154	3:27:29	BENDLE, Yerry		VETERAN MEN	10:38.2
155	3:27:52	PICK, David	Midhurst Milers	VETERAN MEN	10:39.4
156	3:28:03	ALLEN, Steve	Barnet & District AC	VETERAN MEN	10:40.0
157	3:28:16	SIZER-GREEN, Gemma	Southampton Running Sisters	SENIOR LADIES	10:40.6
158	3:28:30	HILL, Peter	Stratford Upon Avon AC	VETERAN MEN	10:41.4
159	3:28:30	KIRK, Lesley	Stratford Upon Avon AC	VETERAN LADIES	10:41.4
160	3:29:07	CARROLL, Paul		SENIOR MEN	10:43.3
161	3:29:17	KELLY, John	Lordshill Road Runners	SENIOR MEN	10:43.8
162	3:29:39	GREENHAM, Derek	Cats	VETERAN MEN	10:44.9
163	3:29:51	LEAHY, Tony	Denmead Striders	VETERAN MEN	10:45.5
164	3:30:07	IND, Stephen	Elmbridge RRC	VETERAN MEN	10:46.3
165	3:30:20	MASON, Simon	Totton Running Club	VETERAN MEN	10:47.0
166	3:30:39	QUILL, Tony		VETERAN MEN	10:48.0
167	3:31:04	LISLE, Richard	The Sixth Dimension	VETERAN MEN	10:49.3
168	3:31:32	WIAVING, Jeremy	Totton Running Club	VETERAN MEN	10:50.7
169	3:31:35	HAYWARD, Michael	Bracknell Forest Runners	VETERAN MEN	10:50.8
170	3:31:40	HUNT, John	New Forest Runners	VETERAN MEN	10:51.1
171	3:32:06	TRICKETT, Faye	Portsmouth Joggers Club	SENIOR LADIES	10:52.4
172	3:33:30	SIMPSON, Keith	West Four Harriers	VETERAN MEN	10:56.7
173	3:33:56	MAPES, Neil		SENIOR MEN	10:58.1
174	3:34:02	EDSALL, Simon		VETERAN MEN	10:58.4
175	3:34:21	PYKE, Sarah		VETERAN LADIES	10:59.4
176	3:34:34	BURGESS, Paul	Saffron Striders	VETERAN LADIES	11:00.0
177	3:35:04	BRIGHTON, Susie	London Heathside Runners AC	VETERAN LADIES	11:01.6
178	3:35:29	LOCKETT, Carolyn	Maidenhead AC	VETERAN LADIES	11:02.8
179	3:35:30	INGRAM, Rosie	Serpentine Running Club	SENIOR LADIES	11:02.9
180	3:35:36	LOCKETT, Jeremy	Maidenhead AC	VETERAN MEN	11:03.2
181	3:35:39	BAUSOR, Neil	RAF AC	VETERAN MEN	11:03.4
182	3:36:21	HOBBS, Fiona	Bracknell Forest Runners	VETERAN LADIES	11:05.5
183	3:36:59	NEWMAN, Jo	Sandhurst Joggers	VETERAN LADIES	11:07.5
184	3:37:45	ROOTS, Dave	Southampton Running Club	VETERAN MEN	11:09.8
185	3:38:00	HOWELLS, David	Wessex Road Runners	VETERAN MEN	11:10.6
186	3:38:22	TRUBETT, Garrett	London Heathside Runners AC	SENIOR MEN	11:11.7
187	3:39:27	MOORE, Liam	Southampton Running Club	SENIOR MEN	11:15.0
188	3:39:58	BARTRAM, Ian	Castle Point Joggers	VETERAN MEN	11:16.6
189	3:40:00	WOOD, Tim	Bracknell Forest Runners	SENIOR MEN	11:16.7
190	3:40:13	THOMPSON, David	Portsmouth Triathletes	VETERAN MEN	11:17.4
191	3:40:16	ALFORD, Stephen	David Lloyd	VETERAN MEN	11:17.6

192	3:40:20	WHALLEY, Terence	Mid Essex Casuals	VETERAN LADIES	11:17.8
193	3:40:23	SCALES, Bill	Portsmouth Joggers Club	SENIOR MEN	11:17.9
194	3:40:32	SIMPSON, Peter	Vegan Runners UK	VETERAN MEN	11:18.4
195	3:40:36	HARDING, Claire		SENIOR LADIES	11:18.6
196	3:41:14	CAVUOTO, Wilma		VETERAN LADIES	11:20.5
197	3:42:30	WARD, Amanda		VETERAN LADIES	11:24.4
198	3:43:43	PEARCE, Mark	Enstar Plodders	SENIOR MEN	11:28.2
199	3:44:04	HOOKER, Chris	Alton Runners	VETERAN MEN	11:29.2
200	3:44:09	GARDENER, Sue	Victory AC	VETERAN LADIES	11:29.5
201	3:44:18	GAFFNEY, David		VETERAN MEN	11:30.0
202	3:44:18	KEANE, Jacinta		SENIOR LADIES	11:30.0
203	3:44:25	KIRBY, Chris	Totton Running Club	VETERAN MEN	11:30.3
204	3:44:52	STEWART, Claire	Dulwich Runners AC	VETERAN LADIES	11:31.7
205	3:45:13	WELLER, Alex	Wimbledon Windmilers	SENIOR LADIES	11:32.8
206	3:46:14	HAGAN, Malcolm	Victory AC	VETERAN MEN	11:35.9
207	3:46:24	JENNINGS, Mark	Eastleigh RC	VETERAN MEN	11:36.4
208	3:47:00	HILL, Cheryl	Gosport Road Runners	VETERAN LADIES	11:38.3
209	3:47:09	MARTINEAU, Adrian		SENIOR MEN	11:38.7
210	3:47:24	CLEMENTS, Peter	City of Salisbury	VETERAN MEN	11:39.5
211	3:48:20	MCCULLAGH, Nick	Castle Point Joggers	VETERAN MEN	11:42.4
212	3:48:30	MACKAY, Heather	26.2 Road Runners Club	SENIOR LADIES	11:42.9
213	3:49:28	RICHARDSON, Alan	Cove Joggers	VETERAN MEN	11:45.9
214	3:49:55	COURTNEY, Paul	Tadley Runners	VETERAN MEN	11:47.2
215	3:50:14	GUYER, Paul		VETERAN MEN	11:48.2
216	3:50:45	WEIR, Pddy		VETERAN MEN	11:49.8
217	3:50:45	HARTIGAN, Kathleen		VETERAN LADIES	11:49.8
218	3:50:45	AMBROSE, Stephen		SENIOR MEN	11:49.8
219	3:50:59	WILLIAMS, Andrew		SENIOR MEN	11:50.5
220	3:51:14	GOULDING, Julie	Pewsey Vale RC	VETERAN LADIES	11:51.3
221	3:51:30	GRANT, Jerry	Road Runners Club	VETERAN MEN	11:52.1
222	3:52:25	WILDMAN, David	Paddock Wood AC	VETERAN MEN	11:54.9
223	3:52:26	FERRIS, Chantelle	Bracknell Forest Runners	SENIOR LADIES	11:55.0
224	3:52:31	SCARFE, Jacqueline	Alton Runners	VETERAN LADIES	11:55.2
225	3:52:35	WOODMAN, Robyn	Team Bath AC	SENIOR LADIES	11:55.4
226	3:52:38	KELLY, Carolyn	Cobra	VETERAN LADIES	11:55.6
227	3:52:38	BROOKS, Richard		SENIOR MEN	11:55.6
228	3:52:52	ROBERT, David		SENIOR MEN	11:56.3
229	3:53:18	GILESPIE, Paul		SENIOR MEN	11:57.7
230	3:53:26	STEWART, Cathy	Alton Runners	VETERAN LADIES	11:58.1
231	3:53:38	BRAUN, Ines	Gillingham Trotters	VETERAN LADIES	11:58.7
232	3:53:38	WILLIAMS, Wendy	Gillingham Trotters	VETERAN LADIES	11:58.7
233	3:53:44	BARRY, Ian		VETERAN MEN	11:59.0
234	3:53:44	HANCOCK, Michael		VETERAN MEN	11:59.0
235	3:53:57	JOHNSON, Andy	Trail Running Association	VETERAN MEN	11:59.7
236	3:53:58	HEANEY, Andrew	Farnham Triathlon Club	VETERAN MEN	11:59.7
237	3:54:21	FREE, Charles	Eastleigh RC	VETERAN MEN	12:00.9
238	3:54:26	FARNHAM, Bill	Portsmouth Triathletes	VETERAN MEN	12:01.1
239	3:55:35	WILKS, Tim	Eastleigh RC	VETERAN MEN	12:04.7
240	3:56:04	LEGRAVE, Shelagh	Midhurst Milers	VETERAN LADIES	12:06.2
241	3:56:26	SMITH, Helen		VETERAN LADIES	12:07.3
242	3:56:41	GREAVES, Martyn	Fittleworth Flyers	VETERAN MEN	12:08.1
243	3:56:53	PANTER, John	Portsmouth Joggers Club	VETERAN MEN	12:08.7
244	3:56:59	DARNEY, Bryan	Goring Road Runners	VETERAN MEN	12:09.0
245	3:57:03	LEWIS, Simon		SENIOR MEN	12:09.2
246	3:57:29	VINCENT, Daniel	Gosport Road Runners	SENIOR MEN	12:10.5
247	3:57:33	BARK, Peter	Maidenhead AC	VETERAN MEN	12:10.7
248	3:57:33	HICKEY, Alicia	Maidenhead AC	SENIOR LADIES	12:10.7
249	3:58:12	RICHARDSON, Neil	New Forest Runners	VETERAN MEN	12:12.7
250	3:58:12	GODWIN, Lucy	New Forest Runners	VETERAN LADIES	12:12.7
251	3:58:13	IND, Alice		SENIOR LADIES	12:12.8
252	3:58:13	ROUSE, Craig		VETERAN MEN	12:12.8
253	3:58:22	HEATH, Andy		VETERAN MEN	12:13.2
254	3:58:27	ROBERTS, Gareth		SENIOR MEN	12:13.5
255	3:58:34	SEALEY, Paul		VETERAN MEN	12:13.9
256	3:58:45	VICTOR, Christin		VETERAN LADIES	12:14.4
257	3:58:59	READ, Mark		SENIOR MEN	12:15.1
258	4:00:00	MURPHY, John	Barnet & District AC	SENIOR MEN	12:18.3
259	4:00:41	SPOONER, Paul	Portsmouth Joggers Club	SENIOR MEN	12:20.4
260	4:00:41	HUNT, Christine	New Forest Runners	VETERAN LADIES	12:20.4

261	4:01:37	IND, Katherine	Elmbridge RRC	VETERAN LADIES	12:23.2
262	4:03:25	PRYKE, Melanie	Serpentine Running Club	SENIOR LADIES	12:28.8
263	4:05:12	SCARFE, Geoff	Alton Runners	VETERAN LADIES	12:34.3
264	4:05:27	SALFETTE, Martin	Gosport Road Runners	SENIOR LADIES	12:35.0
265	4:05:51	DALTON, Stephen		VETERAN MEN	12:36.3
266	4:06:07	DUTTON, Michael	Gosport Road Runners	VETERAN MEN	12:37.1
267	4:08:43	POWELL, Rachel	Serpentine Running Club	VETERAN LADIES	12:45.1
268	4:09:06	ALFORD, Rebecca	Royal Manor of Portland AC	VETERAN LADIES	12:46.3
269	4:09:06	STEVENS, Caron	Royal Manor of Portland AC	VETERAN LADIES	12:46.3
270	4:09:28	DELARA, Sidney	Vegan Runners UK	VETERAN MEN	12:47.4
271	4:09:44	GAYE, Julia	Portsmouth Joggers Club	SENIOR LADIES	12:48.2
272	4:09:44	JONES, Amanda	Stubbington Green Runners and AC	VETERAN LADIES	12:48.2
273	4:09:44	BELCHER, Rebecca		SENIOR LADIES	12:48.2
274	4:09:47	GOODALL, Rachael		SENIOR LADIES	12:48.4
275	4:09:48	PUGSLEY, Gillian	Portsmouth Joggers Club	VETERAN LADIES	12:48.4
276	4:09:50	BRIER, Chris	Portsmouth Joggers Club	VETERAN MEN	12:48.5
277	4:09:50	COLLINS, Nigel	Portsmouth Joggers Club	VETERAN MEN	12:48.5
278	4:09:50	GRANDY, Mark	Portsmouth Joggers Club	SENIOR MEN	12:48.5
279	4:09:52	ROBERTS, Del	Portsmouth Joggers Club	SENIOR MEN	12:48.6
280	4:09:52	BROWN, Christopher	Portsmouth Joggers Club	VETERAN MEN	12:48.6
281	4:10:05	LAMBERT, Nigel	Alchester RC	VETERAN MEN	12:49.3
282	4:10:26	LEWIS, Matthew		VETERAN MEN	12:50.4
283	4:11:22	WHITEHEAD, David	Trail Running Association	VETERAN MEN	12:53.2
284	4:12:23	SHORE, Elaine		VETERAN LADIES	12:56.4
285	4:12:32	EVANS, Marie	Winchester and District AC	VETERAN LADIES	12:56.8
286	4:12:59	BELLO, Aurelio	Lordshill Road Runners	VETERAN MEN	12:58.2
287	4:13:24	HARVEY-SMITH, Laura	Eastleigh RC	SENIOR LADIES	12:59.5
288	4:13:24	DRAKE, Sheila	Eastleigh RC	VETERAN LADIES	12:59.5
289	4:13:40	ROBERTS, Paul	Winchester and District AC	VETERAN MEN	13:00.3
290	4:13:40	IRELAND, Esme	Winchester and District AC	VETERAN LADIES	13:00.3
291	4:13:57	PRICE, Lucy		VETERAN LADIES	13:01.2
292	4:14:34	POLLARD, Phil	Portsmouth Joggers Club	VETERAN MEN	13:03.1
293	4:14:47	ENNIS, David		VETERAN MEN	13:03.7
294	4:15:05	YOUG, Fredelina	Reading Road Runners	SENIOR LADIES	13:04.7
295	4:15:39	HARRIS, Gillin		VETERAN LADIES	13:06.4
296	4:15:42	KINGSTON, Aaron	Stubbington Green Runners and AC	SENIOR MEN	13:06.6
297	4:15:51	HARDING, Kevin	Southampton Triathlon Club	SENIOR MEN	13:07.0
298	4:16:13	BOND, Ryan		SENIOR MEN	13:08.2
299	4:16:33	LANE, Tauya		VETERAN LADIES	13:09.2
300	4:17:12	GODBER, Kath		VETERAN LADIES	13:11.2
301	4:19:30	EGLIN, Clare		VETERAN LADIES	13:18.3
302	4:19:37	NEWMAN, Donald	Cranleigh Tortoise & Hare Runners	VETERAN MEN	13:18.6
303	4:19:52	REVILL, Julia	Denmead Striders	VETERAN LADIES	13:19.4
304	4:20:51	INGLEDEW, Clare		SENIOR LADIES	13:22.4
305	4:20:56	YENDELL, Anne	Portsmouth Joggers Club	VETERAN LADIES	13:22.7
306	4:21:23	BRYANT, Jennifer	Portsmouth Joggers Club	VETERAN LADIES	13:24.0
307	4:21:23	CAREW-ROBINSON, Katie	Portsmouth Joggers Club	SENIOR LADIES	13:24.0
308	4:23:24	UNELL, Colin		VETERAN MEN	13:30.2
309	4:23:24	MATE, Suzie	Serpentine Running Club	VETERAN LADIES	13:30.2
310	4:24:23	TESOLIN, Tiziano	Alton Runners	VETERAN MEN	13:33.3
311	4:26:56	CROCKER, Marilyn	Victory AC	VETERAN LADIES	13:41.1
312	4:27:05	BONE, Alli	Portsmouth Joggers Club	VETERAN LADIES	13:41.6
313	4:30:32	HEALY, James		SENIOR MEN	13:52.2
314	4:30:37	HOPKINS, Sandra	Portsmouth Joggers Club	VETERAN LADIES	13:52.4
315	4:33:01	THOMAS, Bob	Reading Road Runners	VETERAN MEN	13:59.8
316	4:33:11	BARBER, Jeremy	Hardley Runners	VETERAN MEN	14:00.3
317	4:34:06	LESLEY, Robin		VETERAN MEN	14:03.2
318	4:34:30	AUDRAIN, Wendy	Swindon Striders	VETERAN LADIES	14:04.4
319	4:34:30	SMITH, Helen	Swindon Striders	VETERAN LADIES	14:04.4
320	4:35:57	HOTHI, Rajinder	Portsmouth Joggers Club	VETERAN LADIES	14:08.9
321	4:35:57	WOOD, Derek		VETERAN MEN	14:08.9
322	4:36:28	ROBINSON, Pauline	Portsmouth Joggers Club	VETERAN LADIES	14:10.4
323	4:38:50	DAVIDSON, Sharon	Vegan Runners UK	SENIOR LADIES	14:17.7
324	4:39:09	PIGGOTT, Rob	Believe and Achieve	VETERAN MEN	14:18.7
325	4:39:25	EDWARDS, David	Sandhurst Joggers	VETERAN MEN	14:19.5
326	4:41:22	WESTERN, Ivan	Victory AC	VETERAN MEN	14:25.5

327	4:41:22	CARABOTT, Fran	Sea Front Joggers	SENIOR LADIES	14:25.5
328	4:43:13	EMERY, Graham		SENIOR MEN	14:31.2
329	4:43:13	WEBSTER, Paul		SENIOR MEN	14:31.2
330	4:44:32	CATTON, Andrw		SENIOR MEN	14:35.3
331	4:44:40	CONNAGHTON, Mike	Trail Running Association	VETERAN MEN	14:35.7
332	4:45:12	BADHAM, Tracey		VETERAN LADIES	14:37.3
333	4:45:12	JAMIESON, Helen	Southampton Running Club	SENIOR LADIES	14:37.3
334	4:49:38	WITTON, Wendi	Brighton & Hove Running Sisters	VETERAN LADIES	14:50.9
335	4:53:11	CHITTENDEN, Peter	Tone Zone Runners	VETERAN MEN	15:01.9
336	4:54:15	BRADWELL, Carol	Lordshill Road Runners	VETERAN LADIES	15:05.2
337	4:54:15	DAVIES, Roger	Portsmouth Joggers Club	VETERAN MEN	15:05.2
338	4:55:06	HOWELL, Kerri		SENIOR LADIES	15:07.8
339	4:55:36	WRIGHT, Linda	Reading Road Runners	VETERAN LADIES	15:09.3
340	4:55:42	BROWN, Rachael	Fareham Crusaders	SENIOR LADIES	15:09.6
341	4:56:30	HUNTLEY, George	Portsmouth Joggers Club	VETERAN MEN	15:12.1
342	4:56:32	MAGUIRE, Tess		SENIOR LADIES	15:12.2
343	4:57:37	BAILEY, Nick	Victory AC	VETERAN MEN	15:15.5
344	5:05:37	LAURENSEN, Anthony	Denmead Striders	VETERAN MEN	15:40.1
345	5:09:30	PRITCARD, Roger	Reading Road Runners	VETERAN MEN	15:52.1
346	5:10:09	HARDY, Karen	26.2 Road Runners Club	VETERAN LADIES	15:54.1
347	5:10:09	GRAY, Mike	Winchester and District AC	VETERAN MEN	15:54.1
348	5:15:46	DAVIES, David	Epsom Odballs	VETERAN MEN	16:11.3
349	5:15:46	DAVIES, Judy	Epsom Allsorts	VETERAN LADIES	16:11.3
350	5:16:11	WEST, Steve	Reading Road Runners	VETERAN MEN	16:12.6
351	5:16:11	SPRATT, Graham	Reading Road Runners	VETERAN MEN	16:12.6
352	5:16:46	SMITH, Caroline	Gosport Road Runners	SENIOR LADIES	16:14.4
353	5:23:58	BRENTON, Kaye	Trail Running Association	VETERAN LADIES	16:36.6