

FULLERS
DENMEAD 10K
Sunday 19 October 2008. 10:30 am
Results for All Competitors in finish order.

Place	Time	Name	Team	Cat	kl/min
1	0:34:41	GRICE, Zippy	Stubbington Green Runners and AC		03:28.1
2	0:35:00	MANNING, Julian	Denmead Striders		03:30.0
3	0:35:14	BLEACH, Paul	City of Portsmouth	VETERAN MEN 40/49	03:31.4
4	0:35:36	ADAMS, Ronnie	Portsmouth Joggers Club	VETERAN MEN 40/49	03:33.6
5	0:36:35	BEROGNA, Richard	Denmead Striders		03:39.5
6	0:36:49	KEPPEL, Oliver	Southampton Running Club		03:40.9
7	0:36:52	GUEST, Phil	Portsmouth Joggers Club	VETERAN MEN 50/59	03:41.2
8	0:36:56	BISHOP, Steven	City of Portsmouth	VETERAN MEN 40/49	03:41.6
9	0:37:12	BROWN, David	Liss Runners	VETERAN MEN 40/49	03:43.2
10	0:37:23	ASPELL, Leighton			03:44.3
11	0:37:28	SAUNDERS, Andy	Portsmouth Joggers Club		03:44.8
12	0:37:31	BAILEY, Daniel	Victory AC		03:45.1
13	0:37:46	BALL, Reg	Portsmouth Joggers Club	VETERAN MEN 50/59	03:46.6
14	0:37:47	PAYNE, Andy	Arena 80 AC	VETERAN MEN 40/49	03:46.7
15	0:39:07	WOODS, David	Denmead Striders		03:54.7
16	0:39:13	ARNOLD, Dave	Vegan Runners UK	VETERAN MEN 40/49	03:55.3
17	0:39:24	DAVIES, Nialls	City of Portsmouth		03:56.4
18	0:39:27	HARGREAVES, Mark		VETERAN MEN 50/59	03:56.7
19	0:39:31	DALLY, Michael	Fareham Crusaders		03:57.1
20	0:39:32	HARRISON, James	Tone Zone Runners	VETERAN MEN 40/49	03:57.2
21	0:39:36	COCKE, Ben			03:57.6
22	0:39:45	RAYMOND, Kevin	Denmead Striders	VETERAN MEN 40/49	03:58.5
23	0:39:47	HEWITT, Tony	Portsmouth Joggers Club		03:58.7
24	0:39:54	YORK, Phil	Ealing, Southall & Middlesex	VETERAN MEN 40/49	03:59.4
25	0:39:59	PARRETT, Graham	Portsmouth Triathletes	VETERAN MEN 40/49	03:59.9
26	0:40:02	FAWCETT, George			04:00.2
27	0:40:12	MURRAY, Angus	Lancaster&Morecambe	VETERAN MEN 50/59	04:01.2
28	0:40:13	DONOGHUE, Stephen	Arunners	VETERAN MEN 40/49	04:01.3
29	0:40:22	LILLY, Martin		VETERAN MEN 40/49	04:02.2
30	0:40:27	ALMAS, Chris			04:02.7
31	0:40:30	HESKETH, Jo	Steyning AC	VETERAN LADIES 35/49	04:03.0
32	0:40:52	RYALL, Ian	Clanfield joggers	VETERAN MEN 40/49	04:05.2
33	0:40:54	PARKINSON, Robert	Southampton Running Club	VETERAN MEN 40/49	04:05.4
34	0:41:02	CAIN, Natalie	Winchester and District AC		04:06.2

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35	0:41:04	PHELPS, Guy	Victory AC	VETERAN MEN 60+	04:06.4
36	0:41:16	CARBER, Paul	Southampton Running Club	VETERAN MEN 40/49	04:07.6
37	0:41:24	COOKE, Dan			04:08.4
38	0:41:24	GARDNER, Colin	Gosport Road Runners	VETERAN MEN 40/49	04:08.4
39	0:41:27	SMITH, Jamie			04:08.7
40	0:41:28	GILBERT, Simon	Tone Zone Runners	VETERAN MEN 40/49	04:08.8
41	0:41:45	DALY, Scott		NDB	04:10.5
42	0:41:48	MARCER, Steven			04:10.8
43	0:41:57	CRUMPTON, Tim	Stubbington Green Runners and AC	VETERAN MEN 50/59	04:11.7
44	0:41:58	HAYWARD, Gavin			04:11.8
45	0:41:59	KNIGHT, Stephen			04:11.9
46	0:42:04	HARDIE, Mich	Portsmouth Joggers Club		04:12.4
47	0:42:05	GRIMSLEY, Maridith	Portsmouth Joggers Club		04:12.5
48	0:42:11	GARNER, Chris	Fareham Crusaders	VETERAN MEN 40/49	04:13.1
49	0:42:14	HOOPER, Ron		VETERAN MEN 40/49	04:13.4
50	0:42:15	TURNER, Gina	Victory AC	VETERAN LADIES 35/49	04:13.5
51	0:42:37	HUGHES, Brian	Portsmouth Joggers Club	VETERAN MEN 50/59	04:15.7
52	0:42:43	CLARK, Simon	Denmead Striders	VETERAN MEN 40/49	04:16.3
53	0:42:53	PATON, Andrew	Liss Runners	VETERAN MEN 40/49	04:17.3
54	0:43:05	COATES, Paul	Fareham Crusaders	VETERAN MEN 40/49	04:18.5
55	0:43:08	PELLEY, Mark	Denmead Striders	VETERAN MEN 40/49	04:18.8
56	0:43:26	HILLYARD, Adam			04:20.6
57	0:43:47	STANIFORTH, Michael	Portsmouth Joggers Club	VETERAN MEN 50/59	04:22.7
58	0:43:56	BAKER, Jenny			04:23.6
59	0:43:59	SPANDLEY, Richard	Haselmere Border AC		04:23.9
60	0:44:01	MACGREGOR, Susie	Stubbington Green Runners and AC	VETERAN LADIES 35/49	04:24.1
61	0:44:03	GLASSETT, Victoria			04:24.3
62	0:44:16	CLARKE, Patrick	Bearbrook Joggers	VETERAN MEN 40/49	04:25.6
63	0:44:24	ELLIOTT, Michael		VETERAN MEN 40/49	04:26.4
64	0:44:27	FLATMAN, Will			04:26.7
65	0:44:30	THORPE, Jonathan			04:27.0
66	0:44:34	AGATE, Angela	Denmead Striders	VETERAN LADIES 35/49	04:27.4
67	0:44:41	HULL, Mark	Victory AC		04:28.1
68	0:44:47	TURNER, Richard	Hardley Runners	VETERAN MEN 40/49	04:28.7

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69	0:44:51	WISE, Louise	Brighton & Hove Running Sisters	VETERAN LADIES 35/49	04:29.1
70	0:44:52	PAKES, Francis		VETERAN MEN 40/49	04:29.2
71	0:45:03	FINLEY, Ken	Clanfield joggers	VETERAN MEN 50/59	04:30.3
72	0:45:12	HOWARD, Sandie	Portsmouth Joggers Club		04:31.2
73	0:45:21	LANCASTER, Tracey	Fareham Crusaders		04:32.1
74	0:45:23	MUSSELWHITE, James	Fareham Crusaders		04:32.3
75	0:45:31	SILVERTHORN, Kevin	Portsmouth Triathletes	VETERAN MEN 40/49	04:33.1
76	0:45:37	HILL, Paula	Denmead Striders	VETERAN LADIES 35/49	04:33.7
77	0:45:39	HALL, Andrew	Portsmouth Joggers Club	VETERAN MEN 50/59	04:33.9
78	0:45:45	SMART, Andy	Winchester and District AC		04:34.5
79	0:45:51	EDMONDS, Gary		VETERAN MEN 40/49	04:35.1
80	0:45:55	TURPIN, Jamie			04:35.5
81	0:45:57	JUDD, Ed	Eastleigh RC		04:35.7
82	0:46:09	JOYCE, David		VETERAN MEN 40/49	04:36.9
83	0:46:19	WAITE, Mark	Denmead Striders	VETERAN MEN 40/49	04:37.9
84	0:46:21	WESTRON, John			04:38.1
85	0:46:24	SMITH, Mark		VETERAN MEN 40/49	04:38.4
86	0:46:37	SAUPE, Sarah			04:39.7
87	0:46:48	MAIDMENT, Peter	Clanfield joggers		04:40.8
88	0:47:16	PROCTOR, Wayne	Royal Navy AC		04:43.6
89	0:47:31	MARTIN, Sara	Portsmouth Joggers Club		04:45.1
90	0:47:35	FORMBY, Mark	Liss Runners		04:45.5
91	0:47:37	ROBSON, Michael			04:45.7
92	0:47:44	CRIPPS, Glenn	Portsmouth Joggers Club	VETERAN MEN 40/49	04:46.4
93	0:47:50	CHALLEN, Mark	Tuff Fitty Triathlon Club	VETERAN MEN 40/49	04:47.0
94	0:47:56	PRITCHARD, Magaret	Stubbington Green Runners and AC	VETERAN LADIES 35/49	04:47.6
95	0:47:57	CHALK,	Fareham Crusaders		04:47.7
96	0:47:58	WATSON, Steve		VETERAN MEN 40/49	04:47.8
97	0:48:07	HADAWAY, Pete	Portsmouth Triathletes	VETERAN MEN 50/59	04:48.7
98	0:48:11	GILLATT, Helen		VETERAN LADIES 35/49	04:49.1
99	0:48:18	HUGHES, Carwyn	Havant AC	VETERAN MEN 60+	04:49.8
100	0:48:25	COLE, Jon	Denmead Striders		04:50.5
101	0:48:28	TURRELL, Len	Denmead Striders	VETERAN MEN 60+	04:50.8
102	0:48:40	COLES, Andy	Liss Runners	VETERAN MEN 40/49	04:52.0
103	0:48:50	FRASER, Claire	Army AC		04:53.0

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104	0:48:59	COLES, Shane			04:53.9
105	0:49:07	RICHARDSON, Andrew	Marlborough RC		04:54.7
106	0:49:15	TUSHINGHAM, Paul	Portsmouth Joggers Club		04:55.5
107	0:49:17	HOOKER, Bob	Portsmouth Joggers Club	VETERAN MEN 60+	04:55.7
108	0:49:18	LAVALETTE, Stu	Liss Runners	VETERAN MEN 40/49	04:55.8
109	0:49:23	HUNT, John	Portsmouth Joggers Club	VETERAN MEN 60+	04:56.3
110	0:49:26	MORTIMER, Danny			04:56.6
111	0:49:30	NIGHTINGALE, Chris		VETERAN MEN 40/49	04:57.0
112	0:49:31	WIGGINS, Peter	Winchester and District AC	VETERAN MEN 50/59	04:57.1
113	0:49:34	REES, Brian	Portsmouth Joggers Club	VETERAN MEN 50/59	04:57.4
114	0:49:37	MCINTOSH, Robbie	Liss Runners	VETERAN MEN 50/59	04:57.7
115	0:49:43	HAMS, George	Lordshill Road Runners	VETERAN MEN 50/59	04:58.3
116	0:49:45	FIELD, Lindsey	Portsmouth Joggers Club	VETERAN LADIES 35/49	04:58.5
117	0:49:46	WHEELER, Bob	Victory AC	VETERAN MEN 50/59	04:58.6
118	0:49:53	WATKINS, Jane	Marlborough RC	VETERAN LADIES 50/59	04:59.3
119	0:50:00	HOSKINSON, Tony	Victory AC	VETERAN MEN 50/59	05:00.0
120	0:50:04	SIMISTER, John	Stubbington Green Runners and AC	VETERAN MEN 50/59	05:00.4
121	0:50:06	HIBBERD, Adrian	Portsmouth Joggers Club	VETERAN LADIES	05:00.6
122	0:50:14	ST LEDGER, Jeannette	Portsmouth Joggers Club	50/59	05:01.4
123	0:50:19	PETT, Brian	Portsmouth Joggers Club		05:01.9
124	0:50:19	PANTER, John	Portsmouth Joggers Club	VETERAN MEN 40/49	05:01.9
125	0:50:26	TMLINSON, Fiona	Gosport Road Runners	VETERAN LADIES 35/49	05:02.6
126	0:50:34	WHYNDHAM, Phil	Hardley Runners	VETERAN MEN 40/49	05:03.4
127	0:50:36	EDWARDS, Robert	Victory AC	VETERAN MEN 60+	05:03.6
128	0:50:41	STUBLEY, Kevin			05:04.1
129	0:50:44	FAWCETT, M		VETERAN MEN 40/49	05:04.4
130	0:50:47	CLARK, K		VETERAN MEN 40/49	05:04.7
131	0:50:48	CRAWLEY, Anita	Denmead Striders	VETERAN LADIES 35/49	05:04.8
132	0:50:49	KENT, Graham	Basingstoke & Mid Hants	VETERAN MEN 50/59	05:04.9
133	0:50:52	WEBB, Roy	Tone Zone Runners	VETERAN MEN 60+	05:05.2

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134	0:50:55	BUCKELL, Becky		VETERAN LADIES 35/49	05:05.5
135	0:51:05	EAST, Claire	Havant AC	VETERAN LADIES 35/49	05:06.5
136	0:51:20	GODBER, Steve		VETERAN MEN 50/59	05:08.0
137	0:51:24	SANDERSON, Dennis	Denmead Striders	VETERAN MEN 50/59	05:08.4
138	0:51:31	MCMILLAN, Mac	Portsmouth Joggers Club	VETERAN MEN 40/49	05:09.1
139	0:51:33	HARDING, Sasha		VETERAN LADIES 35/49	05:09.3
140	0:51:38	CREAMER, Rachael	Portsmouth Joggers Club	VETERAN LADIES 35/49	05:09.8
141	0:51:38	PARSONS, Mark	Clanfield joggers	VETERAN MEN 40/49	05:09.8
142	0:51:46	STAMP, Maria	Portsmouth Joggers Club	VETERAN LADIES 35/49	05:10.6
143	0:51:48	HUDSON, Robert		VETERAN MEN 40/49	05:10.8
144	0:51:51	TRICKETT, Faye	Portsmouth Joggers Club		05:11.1
145	0:51:59	FOLEY, Jonathan	Portsmouth Joggers Club		05:11.9
146	0:52:07	FORD, Kay	Portsmouth Triathletes	VETERAN LADIES 35/49	05:12.7
147	0:52:07	GASH, Michelle	Blackwater Valley Runners		05:12.7
148	0:52:09	ATTRILL, Malcolm		VETERAN MEN 40/49	05:12.9
149	0:52:15	HILLS, John		VETERAN LADIES	05:13.5
150	0:52:16	HULL, Helen	Denmead Striders	VETERAN LADIES 35/49	05:13.6
151	0:52:22	ALEXANDER-DIBY, Nadine		VETERAN LADIES 35/49	05:14.2
152	0:52:45	HALL, Claire	Portsmouth Joggers Club	VETERAN LADIES 50/59	05:16.5
153	0:52:52	THOMPSON, Kent		VETERAN MEN 40/49	05:17.2
154	0:52:53	PETERS, David	Veterans AC	VETERAN MEN 60+	05:17.3
155	0:53:02	WRIGHT, Verity	Stubbington Green Runners and AC	VETERAN LADIES 35/49	05:18.2
156	0:53:15	BAKER, Katherine	Denmead Striders		05:19.5
157	0:53:16	BURDEN, Mark		VETERAN MEN 40/49	05:19.6
158	0:53:17	BELL, Steven	Portsmouth Joggers Club	VETERAN MEN 40/49	05:19.7
159	0:53:32	CHITTENDEN, Peter	Tone Zone Runners	VETERAN MEN 60+	05:21.2
160	0:53:35	BLACK, Rachel			05:21.5
161	0:53:40	ALLCOCK, William	Liss Runners	VETERAN MEN 60+	05:22.0
162	0:53:43	PORTER, Robert		VETERAN MEN 50/59	05:22.3
163	0:53:45	BONE, Peter	Victory AC	VETERAN MEN 50/59	05:22.5

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164	0:53:48	DOUGHTY, Peter	Clanfield joggers	VETERAN MEN 60+	05:22.8
165	0:53:52	SMART, Sam	Winchester and District AC	VETERAN MEN 50/59	05:23.2
166	0:54:02	MUNNS, Eliaine	Victory AC	VETERAN LADIES 35/49	05:24.2
167	0:54:47	RUSTELL, Lisa	Portsmouth Joggers Club	VETERAN LADIES 35/49	05:28.7
168	0:55:15	GROVES, Brigitte	Brighton & Hove Running Sisters	VETERAN LADIES 35/49	05:31.5
169	0:55:15	JOLLIFFE, Helen	Clanfield joggers	VETERAN LADIES 35/49	05:31.5
170	0:55:18	HUNTLEY, George	Portsmouth Joggers Club	VETERAN MEN 50/59	05:31.8
171	0:55:20	AGATE, Michael	Fittleworth Flyers	VETERAN MEN 60+	05:32.0
172	0:55:21	BARNES, Bradley			05:32.1
173	0:55:34	HARBER, Ian			05:33.4
174	0:55:51	NIGHTINGALE, Kathryn	Denmead Striders	VETERAN LADIES 35/49	05:35.1
175	0:55:58	MCINTOSH, Sandie	Stubbington Green Runners and AC	VETERAN LADIES 50/59	05:35.8
176	0:55:58	KNIGHT, Amanda		VETERAN LADIES 35/49	05:35.8
177	0:56:07	WILSON, Sarah	Portsmouth Joggers Club		05:36.7
178	0:56:13	DAVENPORT, David	Denmead Striders	VETERAN MEN 50/59	05:37.3
179	0:56:26	SLOWGROUE, Robin	Tone Zone Runners	VETERAN MEN 50/59	05:38.6
180	0:56:28	JONES, Graham	Civil service sports club	VETERAN MEN 60+	05:38.8
181	0:56:32	BAILEY, Nick	Victory AC	VETERAN MEN 50/59	05:39.2
182	0:56:42	WILSON, Stephen	Portsmouth Joggers Club	VETERAN MEN 50/59	05:40.2
183	0:56:47	BURTIN, Russell	Portsmouth Joggers Club	VETERAN MEN 40/49	05:40.7
184	0:56:51	REVILL, Julia	Denmead Striders	VETERAN LADIES 60+	05:41.1
185	0:56:57	PATON, Felicity			05:41.7
186	0:57:07	KEELEY, Paul		VETERAN MEN 50/59	05:42.7
187	0:57:18	ROLFE, Lucy	Womens Ruinning Network		05:43.8
188	0:57:32	THOMPSON, Craig			05:45.2
189	0:57:32	RIGGOTT, Nichol	Victory AC	VETERAN MEN 40/49 VETERAN LADIES	05:45.2
190	0:57:40	EVANS, Lesley	Liss Runners	VETERAN LADIES 35/49	05:46.0
191	0:57:40	LEWIS, Rose	Liss Runners	VETERAN LADIES 50/59	05:46.0
192	0:57:48	GODBER, Paul	Southampton City AC		05:46.8
193	0:57:54	PEERS, Gordon		VETERAN MEN 60+	05:47.4

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				VETERAN LADIES	
194	0:58:04	SAUNDERS, Michele	Brighton & Hove Running Sisters	35/49	05:48.4
195	0:58:20	HILTON, John			05:50.0
196	0:58:31	HOSNETT, Jenna	Liss Runners		05:51.1
197	0:58:44	WEBBER, Tony		VETERAN MEN 60+	05:52.4
198	0:58:49	HALL, Carol	Portsmouth Joggers Club		05:52.9
199	0:58:52	DEAN, Karen	Stubbington Green Runners and AC		05:53.2
				VETERAN LADIES	
200	0:58:58	SKILTON, Sally		35/49	05:53.8
201	0:59:08	JONES, David			05:54.8
				VETERAN LADIES	
202	0:59:23	CUICKSHANK, Irene	Portsmouth Joggers Club	50/59	05:56.3
203	0:59:40	JACKSON, Mike		VETERAN MEN 40/49	05:58.0
204	0:59:50	WESTON, Andy		VETERAN MEN 40/49	05:59.0
205	1:00:07	MEADES, Paul			06:00.7
206	1:00:21	DE STE CROIX, Mark		VETERAN MEN 40/49	06:02.1
				VETERAN LADIES	
207	1:00:31	CAMERON, Alison	Denmead Striders	35/49	06:03.1
				VETERAN LADIES	
208	1:00:59	MUNDEN, Alison	Victory AC	50/59	06:05.9
				VETERAN LADIES	
209	1:01:23	SYMONS, Stella		35/49	06:08.3
210	1:01:27	TREVENNA, Steve	Denmead Striders	VETERAN MEN 40/49	06:08.7
211	1:01:35	MITCHELL, Paula			06:09.5
212	1:01:35	SHANE, Georina			06:09.5
213	1:01:45	LEAROYD, Amy			06:10.5
				VETERAN LADIES	
214	1:01:50	LEAROYD, Jo		35/49	06:11.0
215	1:02:27	YARNOLD, Jackie	Victory AC	VETERAN LADIES 60+	06:14.7
216	1:02:51	STARMER, Lisa			06:17.1
				VETERAN LADIES	
217	1:03:23	GADSDEN, Julie	Clanfield joggers	50/59	06:20.3
				VETERAN LADIES	
218	1:03:26	CLARK, Sandra		35/49	06:20.6
				VETERAN LADIES	
219	1:03:28	HADAWAY, Barbara	Portsmouth Triathletes	50/59	06:20.8
220	1:03:32	MCGOVERN, Peter	Portsmouth Triathletes	VETERAN MEN 60+	06:21.2
			Stubbington Green Runners and AC	VETERAN LADIES	
221	1:04:38	SIMISTER, Sue		50/59	06:27.8
222	1:06:01	OSBOURNE, Annette			06:36.1
223	1:06:10	ENNIS, Yvette		NDB	06:37.0
224	1:06:10	AHDDOVD, Mo			06:37.0
				VETERAN LADIES	
225	1:07:46	WINTER, Julia	Portsmouth Joggers Club	35/49	06:46.6
				VETERAN LADIES	
226	1:07:50	BOORER, Kate	Portsmouth Joggers Club	35/49	06:47.0

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227	1:08:10	PEARSON, Rowena	Portsmouth Joggers Club	VETERAN LADIES 50/59	06:49.0
228	1:14:29	DAVIES, Robert	Victory AC	VETERAN MEN 60+	07:26.9
229	1:19:25	TURLEY, Leah			07:56.5